The Western Pacific Region (WPR) has more than 43 million people with diabetes. The number is gradually increasing, and the number of diabetic foot lesions and subsequent amputations is also raising. However, there are no foot care specialists in WPR and there is much ignorance amongst medical staff as to how to identify and educate those at risk and treat those who develop foot problems. Furthermore, data about diabetic foot problems specific to our region are very scarce. In this difficult situation, we determined to take a challenge to face this problem, and committed to serve as a key facility of diabetic foot problems in WPR collaborating with WHO and IDF (International Diabetes Federation). The followings are some of our main activities relating to our mission.

**KYOTO FOOT MEETING** –International Meeting on Diabetic Foot in Western Pacific Region-

Since 2006, we have been hosting an annual international meeting to discuss the common problems of diabetes and its complications in WPR in Kyoto, Japan. The focus of our meeting had been set for the management of diabetic foot problems since 2007, and we have been inviting attendees from various countries throughout WPR (Cambodia, China, Indonesia, Japan, Malaysia, Mongolia, Philippines, Thailand, Tonga and Vietnam) to discuss diabetic foot problems that are specific to their countries. Along with the participants from WPR, we also invite international experts on diabetic foot to improve our knowledge and skills of the management of diabetic foot, and seek for their expert opinions on our complicated cases. Dr. Gauden Galea kindly attended this meeting from WHO-WPRO in 2006, and Dr. Cherian Varghese did in 2010.

**ASIPAC FOOT STUDY** –Multinational Collaborative study of Diabetic Foot - in WPR

ASIPAC FOOT STUDY is a multinational collaborative study of Diabetic foot, and it was launched in 2009 to investigate the characteristics of diabetic patients with foot ulcers in 7 hospitals in 7 counties; Vietnam, Philippines, Indonesia, China, Mongolia, Thailand, and Japan). The tertiary government hospital at Phnom Penh in Cambodia joined this study group in 2010, and since then, we have been collecting data from our counterparts on various topics related to diabetic foot care in our region. The main aims of our ASIPAC FOOT STUDY are to obtain data on clinical outcome in patients with diabetic foot ulcer and to identify common problems and solutions that are specific to our region. The another aim of this study is to raise awareness of diabetic foot problems and to share the knowledge and experience within our region. The followings are the topics we discussed at KYOTO Foot Meeting as a part of ASIPAC FOOT STUDY. Each of the participants from various countries are required to investigate on a designated topic and present the data at the meeting. The data gets consolidated after each meeting and it is used to plan strategies to improve diabetic foot situations in Western Pacific Region. Some of the data were presented at the World Diabetes Congress 2013 in Melbourne, Australia.

- Demographics of Patients with Diabetic Foot in Western Pacific Region (2008)
- The Characteristics of Diabetic Foot Infection in Western Pacific Region (2010)
- Diabetic Complications in WPR (2012)
- Diabetic Complications in WPR (2014)
- Charcot Foot in Western Pacific Region (2009)
- Foot related life style Difference in Western Pacific (2011)
- Medical cost on Diabetic Foot in WPR (2013)

**IDF-WPR Foot Care Project** – Recognition of IDF-WPR Diabetic Foot Center & WPR DF Registry -

Following our Kyoto Foot Meeting, the new project: “Diabetic Foot Care in WPR” had been started in 2011 as a main project of IDF-WPR collaborating with WHO-WPRO. One major aim of this project is to help the tertiary care hospital in developing countries that are recognized by IDF-WPR or the Ministry of Health to set up the diabetic foot centers and their networks in their countries. For this purpose, we recognized 12 hospitals in 10 counties (Mongolia, China, Taiwan, Thailand, Philippines, Japan, Malaysia, Australia, Cambodia, Fiji) as “IDF-WPR recognized Diabetic Foot Center” at IDF-WPR council meeting in 2012. We had 22 delegates from 12 countries in WPR attending our kick-off meeting for this project in Kyoto, and the numbers grew to 25 delegates from 15 countries attending our second meeting held in 2013. Through the discussion, we reached a conclusion that we need to establish diabetic foot registry using a same format to accumulate clinical data to investigate our unique needs of diabetic foot management. Based on these regional data, we will make up the regional guidelines of diabetic foot care.

**Training & Technical Support at the Counterparts’ Institutions & at the Kyoto Medical Center**

Dr. Shigeo Kono, a director of WHO collaborating centre for Diabetes in Kyoto has visited institutions in counterparts’ countries such as Vietnam, China, Indonesia, Philippines, Fiji, Cambodia, Thailand and others multiple times to provide lectures to local medical professionals as well as on-site technical support for their complicated cases.

**Educational Materials for patients and medical professionals in WPR**

We set up our website for WHO collaborating Centre for Diabetes Treatment and Education at Kyoto Medical Center to raise awareness of diabetic foot problems in WPR. Within our website, we share our educational materials for Health Care Professionals as well as the educational materials for patients. They are free to use for anyone who would like to improve their diabetic foot care. The updates on our activities such as KYOTO FOOT MEETING and ASIPAC study to be uploaded within this website.

Dr. Gauden Galea

Dr. Cherian Varghese

Dr. Shigeo Kono