

MICROSCOPY EXAMINATION OF THICK AND THIN BLOOD FILMS FOR IDENTIFICATION OF MALARIA PARASITES

MALARIA MICROSCOPY STANDARD OPERATING PROCEDURE – MM-SOP-08

1. PURPOSE AND SCOPE

To describe the procedure for correct detection and identification of malaria parasites in Giemsa-stained blood films by light microscopy

This procedure is to be modified only with the approval of the national coordinator for quality assurance of malaria microscopy. All procedures specified herein are mandatory for all malaria microscopists working in national reference laboratories, in hospital laboratories or in basic health laboratories in health facilities performing malaria microscopy.

2. BACKGROUND

Identification of the species and stages of malaria parasites and determination of their density is crucial in clinical management of malaria patients, drug efficacy trials, malaria epidemiological surveys and control programmes. Therefore, malaria diagnoses based on examination of blood films must be correct, with an accurate parasite count.

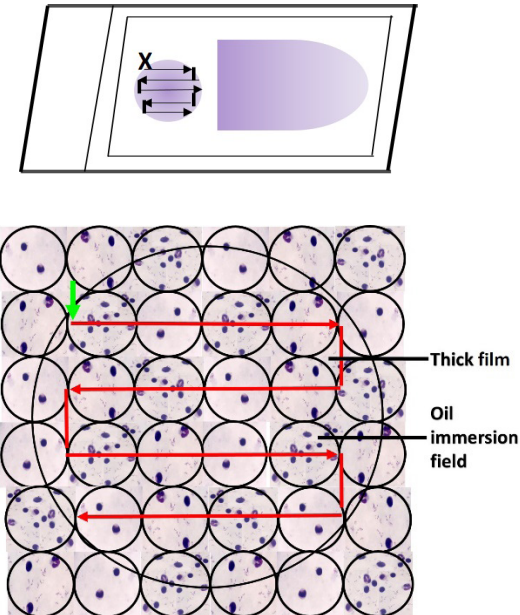
Examination of blood films allows also detection of several blood pathogens, morphological diagnosis of anaemia and identification of several haematological disorders, which must be reported by the microscopist.

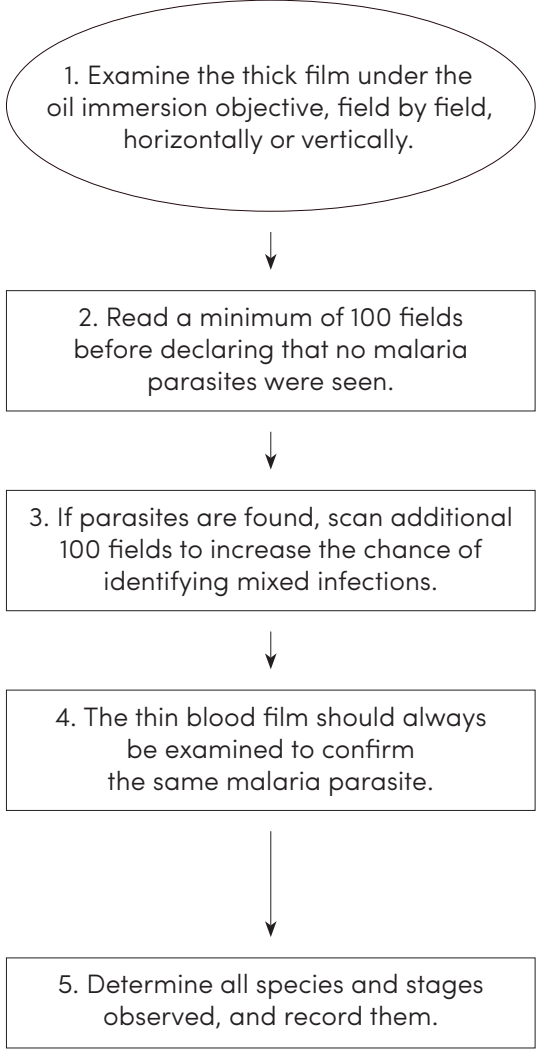
3. SUPPLIES, MATERIALS AND EQUIPMENT

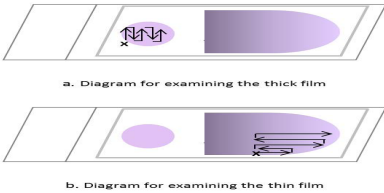
- a compound microscope, fitted with paired 10x oculars (eyepieces); 10x, 40x and 100x objectives; and a mechanical stage (An objective marker and a 60x objective may also be fitted);
- Giemsa-stained blood films to be examined;
- immersion oil, type A, high quality;
- lens paper;
- a pen and pencil and
- a malaria registry or log-book.

4. PROCEDURE

FLOW CHART	DESCRIPTION OF ACTIVITY
<p>4.1. Examining the thick film</p> <pre> graph TD A([1. Place the Giemsa-stained blood film on the microscope stage with the label to the left and the thick film under the 10x objective lens.]) --> B[2. Switch on the microscope, and adjust the light optimally.] B --> C[3. Place a drop of immersion oil on the thick film.] C --> D[4. Scan and select a well-stained, even portion of the blood film.] D --> E[5. Switch to the 100x oil immersion objective, and allow the lens to touch the oil.] E --> F[6. Using the fine adjustment, focus on the blood film.] </pre>	<p>4.1. Examining the thick film</p> <ol style="list-style-type: none"> 1. Place the Giemsa-stained blood film to be examined on the microscope stage, with the label to the left. Position the thick film in line with the 10x objective lens. 2. Switch on the microscope, adjust the light source optimally and find the focus by looking through the ocular and the 10x objective. 3. Scan the blood film for parasites and blood elements. Select part of the film that is well stained and has evenly distributed white blood cells. 4. Place a small drop of immersion oil on the thick film. To avoid cross-contamination, ensure that the immersion oil applicator never touches the slide. Do not allow the 40x objective to touch the oil. 5. Switch the 100x oil immersion objective over the selected portion of the thick film. Use the fine focus adjustment to see the image clearly. Raise the mechanical stage to avoid damaging the slide. 6. Using the fine adjustment, focus on the cell elements, and confirm that the film is acceptable for routine examination: 15–20 white blood cells per thick film field will give a satisfactory film thickness. Films with fewer white blood cells per field will require more extensive examination.

FLOW CHART	DESCRIPTION OF ACTIVITY
<p style="text-align: center;">↓</p> <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;"> <p>7. Start with the field on the top left part of the film, and then move the slide to the right, field by field.</p> </div> <p style="text-align: center;">↓</p> <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;"> <p>8. When the other end of the film is reached, move the slide downwards, then to the left, field by field, and so forth.</p> </div>	<p>7. Examine the slide in a systematic manner. Start at the top left of the film (marked with a vertical green arrow on Fig. 1) and begin at the periphery of the field, then move horizontally to the right, field by field.</p> <p>8. When the other end of the film is reached, move the slide slightly downwards, then to the left, field by field, and so forth (see below). For efficient examination, continuously focus and refocus with the fine adjustment throughout examination of each field.</p> <p>Fig. 1. Examining a thick blood film</p>  <p>The figure consists of two parts. The top part is a schematic of a microscope slide with a thick blood film (purple) on the right side. A vertical green arrow labeled 'X' points to the top left corner of the film. The bottom part is a microscopic view of a grid of circular fields. A thick film is visible on the right side. Red arrows indicate the systematic path of examination: starting at the top left, moving horizontally to the right, then vertically down, then horizontally to the left, and so on. Labels 'Thick film' and 'Oil immersion field' are present on the right side of the grid.</p>

FLOW CHART	DESCRIPTION OF ACTIVITY
<p data-bbox="204 280 778 369">4.2. Determining whether a thick film contains malaria parasites and identifying the species</p>  <pre> graph TD A([1. Examine the thick film under the oil immersion objective, field by field, horizontally or vertically.]) --> B[2. Read a minimum of 100 fields before declaring that no malaria parasites were seen.] B --> C[3. If parasites are found, scan additional 100 fields to increase the chance of identifying mixed infections.] C --> D[4. The thin blood film should always be examined to confirm the same malaria parasite.] D --> E[5. Determine all species and stages observed, and record them.] </pre>	<p data-bbox="853 280 1428 369">4.2. Determining whether a thick film contains malaria parasites and identifying the species</p> <ol data-bbox="853 421 1428 1523" style="list-style-type: none"> 1. Continue to examine the slide for 100 high-power or oil immersion fields. Move the blood film by one high-power field each time, following the pattern shown in Fig. 1. Use the fine adjustment to focus. 2. A minimum of 100 high-power fields must be examined before a thick film can be declared as having “no malaria parasites seen”. If possible, the whole thick film should be scanned. 3. If parasites are observed, a further 100 fields must be examined before final identification of the species, ensuring that a mixed infection is not overlooked. 4. The thin blood film should always be examined to identify parasite species definitively. The thin film allows visualization of parasite and red cell morphology, unlike the thick film. Perform an examination at the feathery end or edge of the thin film, as described in procedure 4.3 below. 5. Identify and record all species and stages observed in the malaria microscopy blood register. See MM-SOP 6b: Recording and reporting microscopy results. <i>Note: Refer to the WHO bench aids for the diagnosis of malaria for identification of each species.</i>

FLOW CHART	DESCRIPTION OF ACTIVITY
<p data-bbox="204 277 778 336">4.3. Examining the thin film to confirm species and mixed infections</p> <div data-bbox="209 367 740 533" style="border: 1px solid black; border-radius: 50%; padding: 10px; text-align: center;"> <p data-bbox="252 405 697 495">1. The thin blood film must be examined to confirm species and mixed infections.</p> </div> <p data-bbox="464 551 480 591" style="text-align: center;">↓</p> <div data-bbox="209 611 740 701" style="border: 1px solid black; padding: 10px; text-align: center;"> <p data-bbox="252 622 697 680">2. Place a drop of oil on the feathery edge of the film.</p> </div> <p data-bbox="464 719 480 759" style="text-align: center;">↓</p> <div data-bbox="209 779 740 902" style="border: 1px solid black; padding: 10px; text-align: center;"> <p data-bbox="252 790 697 880">3. Move from the 10x lens to the 100x oil immersion lens, and focus on the thin film.</p> </div> <p data-bbox="464 920 480 960" style="text-align: center;">↓</p> <div data-bbox="209 981 740 1104" style="border: 1px solid black; padding: 10px; text-align: center;"> <p data-bbox="236 992 713 1081">4. Read the thin or feathery edge of the film, moving from one field to the next, horizontally or vertically</p> </div> <p data-bbox="464 1122 480 1570" style="text-align: center;">↓</p> <div data-bbox="209 1594 740 1684" style="border: 1px solid black; padding: 10px; text-align: center;"> <p data-bbox="228 1606 719 1664">5. Scan the film until all the species have been confirmed.</p> </div>	<p data-bbox="853 277 1428 336">4.3. Examining the thin film to confirm species and mixed infections</p> <ol data-bbox="853 416 1428 1236" style="list-style-type: none"> <li data-bbox="853 416 1428 506">1. To confirm the parasite species or mixed infections after examining the thick film, examine the thin film. <li data-bbox="853 663 1428 721">2. Place a drop of immersion oil on the feathered edge of the thin film. <li data-bbox="853 842 1428 900">3. Move from the 10x lens to the 100x oil immersion lens. <li data-bbox="853 990 1428 1236">4. Examine the feathery end or edge of the thin film where the red cells lay side by side and there is minimal overlap. Follow the pattern of movement shown in Fig. 2. Move along the edge of the film, then move the slide outwards by one field, inwards by one field, returning in a lateral movement and so on. <p data-bbox="949 1249 1294 1285">Fig. 2. Examining a thin film</p> <div data-bbox="839 1290 1399 1543" style="border: 1px solid black; padding: 5px;">  <p data-bbox="906 1514 1334 1529">Figure 5. Examining thick and thin blood films for malaria</p> </div> <ol data-bbox="853 1594 1428 1809" style="list-style-type: none"> <li data-bbox="853 1594 1428 1809">5. Continue examining the thin film until the presence and species of malaria parasites have been confirmed. Identify and record all species and stages observed in the malaria microscopy blood register. See MM-SOP 6b: Recording and reporting microscopy results. <p data-bbox="895 1816 1406 1899"><i>Note: Refer to the WHO bench aids for the diagnosis of malaria for morphological confirmation of each species.</i></p>

5. PROCEDURE NOTES

A count may be performed on a thin film if there is no thick film or if the thick film is poorly stained or damaged. Additionally, when the parasite count is > 100 parasites each oil immersion field on the thick film, the thin film should be used to calculate parasitaemia. (See MM-SOP-09: Counting malaria parasites).

6. FORMS AND DOCUMENTS

- Results reporting form (could vary from every laboratory)
- Malaria microscopy blood register book (could vary from every laboratory)

7. RELATED SOPs

MM-SOP-06: Recording and reporting microscopy results

8. REFERENCES

WHO. Bench aids for malaria diagnosis. Geneva; 2009.

WHO. Bench aids for the diagnosis of filarial infections. Geneva; 1997.

WHO. Bench aids for the morphological diagnosis of anaemia. Geneva; 2001.

WHO. QA manual for malaria microscopy, 2nd Edition. Geneva; 2015.

WHO. Basic malaria microscopy. Part I. Learner's guide. Second edition. Geneva; 2010.

WHO. National malaria slide bank standard operating procedures. Geneva; 2015 (in preparation).

9. DOCUMENT HISTORY

Date (mmm/yyyy)	Version	Comments	Responsible person (First name, last name)
Jan 2016	1	Reviewed and finalized by experts, edited and formatted	Glenda Gonzales, Technical Officer, WPRO